

## **Strategies to Improve Adherence to Anti-retroviral Therapy in Children**

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### **Abstract:**

Adherence to antiretroviral therapy is crucial in maintaining health and prolonging life in children who have HIV infection. This difficult task of taking multiple medications on a frequent basis must be a lifelong commitment. We will discuss educational, supportive and motivational strategies and interventions which doctors, nurses and social workers may employ to assist parents and children to improve medication adherence now and in the future. Current research projects relating to anti-retroviral medication adherence will be discussed.